





# **NEWS FROM OUR PARISH, PARTNERSHIP AND DIOCESE**

## **WE KEEP IN OUR PRAYERS**

We keep in our prayers all those we know who are unwell as well as the many who have no one to pray for them and for those in hospital. We also remember all those who have died recently and for all those whose anniversaries occur at this time.

## **POPE FRANCIS**

We continue to keep in our prayers the Holy Father, Pope Francis. We commend him to the prayers of Our Lady and St Joseph. The Holy Rosary will be prayed 30 minutes before Weekend Masses. St Teresa's Church will remain open throughout the day 8am - 7pm for private prayer.

## **PARISH SECRETARY VACANCY**

The parish is currently advertising for a new parish secretary. Information about the vacancy is available in the packs at the back of our churches. Deadline for applications is on Friday 7th March at 12noon.

## **ASH WEDNESDAY**

On Wednesday we begin the season of Lent, a period of 40 days preparation for the great Paschal Feast. Please do try and come along to Mass on Wednesday to receive the ashes and to begin Lent in the right way. Mass times are 10.00am at St Anthony's and 7.00pm at St Teresa's.

## **MASS IN ST ALBAN'S SCHOOL**

This Tuesday we are invited to join the school community at St Albans for Holy Mass at 10.00am. This will be a full school Mass with tea, coffee and pancakes being available after Mass. The Children will be inviting us to take part in CAFOD's Big Lent Walk. The Children will be walking 200km over 40 days. If you would like to support the children, sponsor forms are available.

## **STATIONS OF THE CROSS**

During Lent we are invited to journey with Our Lord to Calvary by making the stations of the Cross. This will take place every Tuesday at 9.00am at St Anthony's and every Friday at 6.30pm at St Teresa's.

## **LENTEN ALMS**

During Lent we will be supporting several charities, all with a particular focus as Catholic Charities. St Cuthbert's Care is our diocesan Charity and all Lenten Alms collections go towards their work here in the diocese supporting many different things that they do. This year in particular they ask that the financial support that we offer goes towards their Young Stars Fostering Group. We will also be supporting CAFOD with their Family Fast Day which takes place on Friday 14th March with the collection being taken on the 15/16th March.

## **LENT SCRIPTURE COURSE - COME AND SEE**

Every Monday throughout Lent we will be holding a Scripture Study Group called 'Come and See'. This will take place in the porch at St Teresa's from 2-3.30pm. Tea and Coffee will be available. Please do come along if you are able to.

## **RELAUNCH OF DIOCESE YOUTH COUNCIL**

YMT and the Diocese are thrilled to announce the relaunch of the Diocesan Youth Council, for the voices of young people in the Diocese of Hexham and Newcastle. The first meeting is scheduled for Sunday 18th May 2025, at St. Mary's Cathedral in Newcastle, from 2.30pm to 4pm. We are actively seeking motivated students from Year 9 and above to join this transformative council. For more details on the council, how to nominate candidates, and to view the full announcement, visit: <https://diocesehn.org.uk/news/announcing-the-relaunch-of-the-diocesan-youth-council/>.

## **PARISH GIVING - CHANGE OF BANK ACCOUNT**

We believe in a generous God, who longs for us to share that generosity with others. A generous culture is also essential for our parish to develop a sustainable ministry for the future. That generosity can be expressed in many ways, both financially and by the giving our time to help the mission of the Church. We are extremely grateful for all your contributions to our parish.

If you would like to make your regular weekly offering to the Church by standing order this is easy to set up. Our bank details for setting up a Standing Order or BACS payment are:

Account Name: DHN Newcastle Christ the King

Account Number: 52010917

Sort Code: 40-34-18

If you are not currently part of the GiftAid Scheme, or you normally make an offering through the offertory plate, I would like you to consider 'buying' the parish a coffee or a pint every Sunday. We would like to recommend, if you are able, to donate £4.50 each Sunday. The average price of a coffee at Costa is £4.20 and the average price of a pint in a pub is £4.98. Your contribution to your parish is much appreciated.

## **A DAY WITH THE LORD & A NIGHT OF LIGHT**

On Saturday 15th March we will be holding 'A Day with the Lord', which will conclude with 'A Night of Light'. The Day will begin with an opening Mass at 9.00am followed by Exposition throughout the day. In order to make sure that Jesus is never left alone, a sign up sheet for hour slots can be found in the church porches. It is essential that we have enough volunteers to stay with Jesus throughout the day for this to take place. Please do sign up if your able to pray with Jesus for our parish, our people and our communities. At 7.30pm we will then move into a Night of Light, where the church will be illuminated by candles leading up towards the Blessed Sacrament. We will be inviting people who are passing by St Teresa's to come into Church, to light a candle or to say a prayer.

## **SUNDAY EVENING VESPERS & BENEDICTION**

Every Sunday at 5.00pm at St. Teresa's we have Sung Vespers (Evening Prayer) and Benediction. This time of prayer is such a wonderful opportunity to bring our Sunday to a close, spending time with Jesus in prayer and praise. Please do try and come along if you are able to! It only lasts 35minutes and is such a beautiful service.

## **MASS INTENTIONS**

At the Altar the priest offers Mass for the good of the whole Church and for a particular intention. Currently the parish has no Mass intentions booked in during the week. There is nothing better than having a Mass offered for someone, or for a specific intention. Do you want a Mass offered for a particular intention? Perhaps for a deceased relative or friend, or for someone who is sick, or for your own intention? To have a Mass said please fill out a Mass envelope (available in the church porches) and return to Fr Jonathon or place in the offertory collection during Mass.

## **CHILDREN AT MASS**

When parents take their children to a special event, to a theatre or a football or rugby match, they want their children to have the best seats right at the front. At the front the children can see and hopefully learn to understand what is going on. But when parents bring their children to Mass, they sit with them at the back of church, behind tall and large adults, where there's draughts from the doors, where they can see very little about what is actually happening at Mass and therefore not too sure why they're there! And being so far away at the back, they don't know what's happening at the front because they can't see and sometimes can't hear! Please come to the front of the Church, to the seats where your children will be able to see what is going!

### MONTHLY TEA & COFFEE AFTER MASS

We are going to reintroduce Tea & Coffee after Sunday Mass in the Narthex of St Teresa's on the 1st Sunday of every month. Everyone is invited to stay after Mass so that we can get to know each other. This will begin on Sunday 2nd March.

### BAPTISM PREPARATION MEETING

The next baptism preparation meeting, for parents who would like to have their child baptised, will take place on Monday 4th March at 7.15pm at St Teresa's.

### CONFIRMATION PROGRAMME

The next session for those preparing for the Sacrament of Confirmation takes place on Tuesday 5th March at 6.45pm in St Teresa's Hall. During this session we will be looking at being disciples in our world today.

### RCIA PROGRAMME

The next session for those preparing to be received into the Church at Easter takes place on Tuesday 5th March at 6.45pm in the porch at St Teresa's. We will be looking at the Sacrament of Baptism. Please do keep those preparing for the Sacraments in your prayers.

### GETTING MARRIED IN 2025/26

If you are thinking about getting married in 2025/26 and haven't yet spoken to Fr Jonathon, to make sure that a Church wedding is possible, please see him as soon as you can. It is important that you give at least six months notice so that enough time is given to arrange all paperwork, especially if overseas contacts are necessary. A Marriage Preparation course must also be attended so that you are fully prepared for the Sacrament.

### WORLD DAY OF PRAYER

The annual world day of prayer takes place on Friday 7th March. This year material has been prepared by the women of the Cook Island on the theme 'I have made you wonderful'. A service will take place at 10am at Heaton Baptist Church.

### HEATON CHURCHES TOGETHER - SOUP LUNCHES

As usual during the season of Lent we will be coming together on a Tuesday lunchtime for a simple soup lunch with a time of reflection afterwards. A list of the dates and venues is displayed on the poster in the porches of our churches. Please do come along if you are able.

### THE JUBILEE YEAR - PILGRIMS OF HOPE

The Holy Father has declared 2025 to be a Jubilee Year with the motto and theme "Pilgrims of Hope." It will be a year of pilgrimage and prayer, celebration and reconciliation. "In the course of the year," Pope Francis had written, "every effort should be made to enable the People of God to participate fully in its proclamation of hope in God's grace and in the signs that attest to their efficacy." On 28 December 2025, the Jubilee will end in the particular Churches throughout the world. There's more information about the Jubilee Year on the Diocesan website at [www.bit.ly/DHNjubilee2025](http://www.bit.ly/DHNjubilee2025)

### DIOCESAN PILGRIMAGE TO LOURDES

The Diocesan Pilgrimage to Lourdes will travel on Friday 25th July – Friday 1st August 2025. The Lourdes pastoral theme for 2025 is "With Mary, Pilgrims of Hope". Full details and online booking is available now on the 'Tangney Tours' Website, the tour operator for the diocesan pilgrimage. Choice of nine hotels, flying direct to Lourdes from Newcastle International Airport. [www.tangney-tours.com/tours-and-pilgrimages/diocese-hexham-newcastle](http://www.tangney-tours.com/tours-and-pilgrimages/diocese-hexham-newcastle).

### MAKE THE MOST OF OUR MASS

Join us for a new online course that will help you make the most of Mass, discovering how it can be Heaven on Earth when you are aware of how to participate consciously and actively through the prayers, hymns and the Eucharist, bringing happiness to your spiritual life. Starting on Monday 3 March at 8 p.m. via Zoom. If interested, or to sign up, please contact: [sacredword2024@gmail.com](mailto:sacredword2024@gmail.com)

## LEARNING MORE ABOUT THE FAITH THE FIVE SENSES DURING LITURGY

There are various symbols and images within the Liturgy, such as The Cross, the Sign of the Cross, the use of Holy Water, and so on. Over the next few weeks we will examine how during Holy Mass we engage our five senses, sight, smell, touch, sound, and taste. The appeal to the five senses makes worship a tangible, felt experience that orientates the worshiper in the direction of the transcendent.

### The Use of Touch

One cannot neglect the **tangible** nature of ritual and worship in the Catholic tradition. Oil is used to confirm Catholics into the church, baptise, to consecrate altars and to bless bells, as well as consecrate bishops and bless the hands of priests. Baptism, namely the literal immersion in water or water being poured over one's head, has a clear tangible feeling to it, just as does anointing a person through applying oil to his or her forehead and palms. There is the joining of hands between the couple during the Sacrament of Matrimony. There is Ordination that has the hands of a bishop being felt on the newly ordained priest's head. When praying the Rosary, Catholics can feel the beads between their fingers during meditation or saying the Hail Mary.

The practice/sacrament of using **Holy Water**, that has been blessed by a priest, bishop, or deacon, and can be used, although more rarely, to expel demons. More common is its use as a symbolic reminder of Baptism. Catholics will, upon entering or leaving a church, dip two right-hand fingers into a cup called a font located on a wall near the church doors and then make the Sign of the Cross by wetting their forehead, breast, and shoulders. Unlike other sacraments and rituals, the use of Holy Water is optional and stands in as a reminder that one is entering the Home of God.

Catholics can often be seen making a gesture in the **Sign of the Cross**. This gesture in the Western Catholic tradition is performed using the right hand to touch the forehead, followed by the middle breast, left shoulder, and then the right shoulder. While gesturing the Catholic will say, "In the name of the Father and of the Son and of the Holy Spirit, Amen." What does The Sign of the Cross symbolise? It symbolises the positive affirmation of the Catholic Church's central doctrine, namely belief in the Holy Trinity of the Father, Son, and Holy Spirit, as well as the salvation that Christ's death on the cross purchased for humanity.

## The Kids' Bulletin

Eighth Sunday in Ordinary Time  
March 2nd, 2025



In today's Gospel reading Jesus told a parable about trees.  
What did He say?  
Use the code to find out!



A B D E F G I N O R S T U



# MASSES & SERVICES FOR THE COMING WEEK

| Day  |       | Time                            |  | Church                                       | Mass Intention  |                             |
|------|-------|---------------------------------|--|--|---|-----------------------------|
| Sat  | 1 Mar | 4.45 pm<br>5.30 pm              | Confessions<br>Vigil Mass of Sunday                            | St. Anthony's<br>St. Anthony's               | People of the Parish                                  | 8th Sunday of Ordinary Time |
| Sun  | 2 Mar | 10.15 am<br>11.00 am<br>5.00 pm | Confessions<br>Holy Mass<br>Vespers & Benediction              | St. Teresa's<br>St. Teresa's<br>St. Teresa's | Fr Patrick McMahon R.I.P                              | 8th Sunday of Ordinary Time |
| Mon  | 3 Mar | 5.30 pm<br>6.30 pm              | Exposition & Confessions<br>Holy Mass                          | St. Teresa's<br>St. Teresa's                 | Intentions of Evangeline Coward                       | Feria                       |
| Tue  | 4 Mar | 10.00 am                        | Holy Mass<br>In School   | St. Albans                                   | Private Intention (SG)                                | Feria                       |
| Wed  | 5 Mar | 10.00 am<br>7.00 pm             | Holy Mass<br>Solemn Mass                                       | St. Anthony's<br>St. Teresa's                | Knowles & Simpson Families<br>Fr Richard Harriott RIP | Ash Wednesday               |
| Thur | 6 Mar | 5.30 pm<br>6.30 pm<br>7.05 pm   | Exposition & Rosary<br>Holy Mass<br>Lenten Meditation          | St. Anthony's                                | Fr Kevin Cummins RIP                                  | Lent Feria                  |
| Fri  | 7 Mar | 8.30 am<br>9.30 am<br>6.30 pm   | Exposition & Holy Rosary<br>Holy Mass<br>Stations of the Cross | St. Teresa's                                 | Wilson McEvoy RIP                                     | Ss Perpetua & Felicity      |
| Sat  | 8 Mar | 8.00 am                         | Holy Mass  | St. Teresa's<br><i>In the Porch</i>          | David Greenwood (NBF)                                 | Lent Feria                  |
| Sat  | 8 Mar | 4.45 pm<br>5.30 pm              | Confessions<br>Vigil Mass of Sunday                            | St. Anthony's<br>St. Anthony's               | Joan & Sid Luntley RIP                                | 8th Sunday of Ordinary Time |
| Sun  | 9 Mar | 10.15 am<br>11.00 am<br>5.00 pm | Confessions<br>Holy Mass<br>Vespers & Benediction              | St. Teresa's<br>St. Teresa's<br>St. Teresa's | People of the Parish                                  | 8th Sunday of Ordinary Time |

### Please continue to remember in your prayers:

*those who are sick or housebound and their carers:*



John Gourley, Doreen Graham, June Stephenson, Margaret McEvoy, Aileen, Tommy Allan, Pat Matfin, Maria Cape and Mary McLaren.

Our sick children: Ezra Stephen Johnson, Josh Graham, James Taylor, Joseph Relph, Colby Taylor & Charlie Davidson

## THE CYCLE OF PRAYER

### Pope Francis' Monthly Prayer Intention for February



#### For Families in crisis

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

#### During Lent

We are asked to pray for these intentions:

Candidates for the Sacraments, for Women, for the needy and the hungry of the world, and for all penitents and wanderers.



Father in heaven, may the *faith* you have given us in your son, Jesus Christ, our brother, and the flame of *charity* enkindled in our hearts by the Holy Spirit, reawaken in us the blessed *hope* for the coming of your Kingdom. May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally. May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen