MASSES & SERVICES FOR THE COMING WEEK

Day		Time		Church	Mass Intention	
Sat	l2 Oct	4.45 pm 5.30 pm	Confessions Vigil Mass of Sunday	St. Anthony's St. Anthony's	Fr. Michael & Fr. Sean Conaty RIP	28th Sunday in Ordinary Time
Sun	13 Oct	8.15 am 9.00 am 10.30 am 11.00 am 2.00 pm 5.00 pm	Confessions Holy Mass Confessions Holy Mass Marriage Service Vespers & Benediction	St. Lawrence's St. Lawrence's St. Teresa's St. Teresa's St. Teresa's St. Teresa's St. Teresa's	People of the Parishes Gerard Lalor RIP Krist Sanchez & Shaira Banas	28th Sunday in Ordinary Time
Mon	l4 Oct	8.30 am 5.45 pm 6.30 pm	Church open - Silent Prayer Adoration & Confessions Holy Mass	St. Teresa's St. Teresa's St. Teresa's	Mass of Thanksgiving (Celine)	Feria
Tue	15 Oct	9.00 am 10.00 am	Adoration & Holy Rosary Holy Mass	St. Anthony's St. Anthony's	Fr Michael Conaty RIP	St Teresa of Avila
Wed	l6 Oct					Feria
Thur	17 Oct	8.45 am 9.30 am 7.00 pm	Adoration & Holy Rosary Holy Mass Adoration & Compline	St. Lawrence's St. Lawrence's St. Teresa's	Chris McGuinness RIP	St Ignatius of Antioch
Fri	18 Oct	8.45 am 9.30 am	Adoration & Holy Rosary Holy Mass	St. Teresa's	Rev Katie Watson RIP	St Luke
Sat	l9 Oct	8.00 am 4.45 pm 5.30 pm	Holy Mass Confessions Vigil Mass of Sunday	St. Teresa's St. Anthony's St. Anthony's	Susan Crulley RIP	Our Lady's Saturday 29th Sunday in Ordinary Time
Sun	20 Oct	8.15 am 9.00 am 10.30 am 11.00 am 5.00 pm	Confessions Holy Mass Confessions Holy Mass Vespers & Benediction	St. Lawrence's St. Lawrence's St. Teresa's St. Teresa's St. Teresa's	Fr. Michael Hickey RIP People of the Parishes	29th Sunday in Ordinary Time



Please continue to remember in your prayers:

those who are sick or housebound and their carers:

John Gourley, Doreen Graham, June Stephenson, Aileen, Tommy Allan, Pat Matfin and Mary McLaren.

Our sick children: Ezra Stephen Johnson, Josh Graham, James Taylor, Joseph Relph, Colby Taylor & Charlie Davidson



THE CYCLE OF PRAYER

Pope Francis' Monthly Prayer Intention for October:

For the Church: Let us that the Church continue to sustain in all ways a Synodal lifestyle, as a sign of co-responsibility, promoting the participation, the communion and the mission shared among priests, religious and lay people.

During Ordinary Time (Autumn)

We are asked to pray for these intentions: Students and Teachers, The Spread of the Gospel, The Harvest, The fruits of Human Labour, Justice and Peace in the World, Victims of War, Young People & Prisoners.





St.TERESA'S Heaton Road, Heaton

St.ANTHONY'S Welbeck Road, Walker



Sunday 13th October 2024

Parish Priest:	Fr Jonathon Bowes	Presbytery: Parish Mobile: Email:	0191 265 5290 07761 885745 (Emergencies only) Jonathon.bowes@diocesehn.org.uk				
Parish Secretary: Office Hours:	Christine Dixon Tuesday & Thursday Wednesday	9.00am-3.00pm 10.00am-2.00pm	Tel: 0191 265 5290 Email: stteresa.heaton@diocesehn.org.uk				
Safeguarding The Parish operates in accordance with Statutory Safeguarding Guidance and Catholic Safeguarding Standards Agency (CSSA) and Diocese's policies and procedures at all times. Our Parish Safeguarding Representatives are listed below or alternatively the Diocesan Safeguarding Team can be contacted on 0191 243 3305 or at safeguarding@diocesehn.org.uk							
Safeguarding Reps:	St. Teresa's: St. Lawrence's: St. Anthony's:	Jean Potts George Paul Atl Christine Dixon					
Parish Websites:	Websites: www.stteresaeastnewcastle.org.uk		www.stanthonysstfrancis.org.uk				

THIS WEEKS REFLECTION FROM FR JONATHON

Today's first reading recounts the prayer of someone seeking wisdom. With wisdom, our values change - this can be seen in the lives of many of the saints, who move from the temporary rewards of this world to seeking only what God wants. The rich young man in Mark's Gospel knew that he was missing something. Even though he had kept the law all his life, it still didn't seem right, or enough. Despite enjoying his riches, he was looking to the future - he sought beyond that which was temporary. So he came to Jesus for wisdom. Christ knew that something was lacking in the otherwise faultless young man, and that "one thing" was his attachment to wealth. Jesus advises him to break the attachment by giving everything to the poor, and following him. But the man, who "had many possessions", knew sadly that he was too attached to them to do so. Not everyone is asked to embrace such absolute poverty - that is a rare and special vocation. Most people need to earn a living and have family responsibilities. Nevertheless, in different ways, we are all called to follow Christ with total commitment.

Jesus' repeated message is very clear - we must seek first the kingdom of God. When God is our priority and the centre of our lives, when we acknowledge our complete dependence on him, he is able to work in us to bring the unparalleled peace and wisdom he longs for us to know. What is it that occupies the core of our hearts? Is it wealth and possessions? Career and achievements? Popularity or looks? We can come to think that our earthly attachments provide us with happiness, security and peace - but only God can give this. Let us pray to God for the wisdom to see what is getting in the way.

A GENTLE REMINDER

Please remember to switch off your mobile phone when coming into Church. Can I also ask that you do not bring drinks or food into Church. We show reverence to Jesus in the Tabernacle. Please talk to God before Mass and everyone else after Mass.



St. LAWRENCE'S

Byker Crescent, Byker

Parish Newsletter 28th Sunday in Ordinary Time



Fr. Jonathon

NEWS FROM OUR PARISHES, PARTNERSHIP AND VICARIATE

WE KEEP IN OUR PRAYERS

We keep in our prayers and offer our congratulations to Krist & Shaira who are to be married at St Teresa's Today. We continue to pray for all those we know who are unwell, as well as the many who have no one to pray for them; for those in hospital, and for all those who have died recently, along with those whose anniversaries occur at this time.

SECOND COLLECTION - CAFOD FAMILY FAST DAY

This weekend a second collection will be taken for the work of CAFOD.

WORLD MISSION SUNDAY

Next weekend the Church celebrates Mission Sunday. As we unite in prayer for its missionary activity, we also collect funds to support the communities across the world experiencing situations of poverty and conflict. 'Go and invite everyone to the banquet!' is this year's theme chosen by Pope Francis. In his message, the Holy Father reminds us that the heart of our mission is to invite everyone to experience the joy of Christ's resurrection, a gift meant to be shared with the whole world. Everyone deserves to know that they are welcome at God's table - to experience God's love, grace and forgiveness. Our donations help to sustain faith communities, support vocations, and enable missionaries to carry out their mission in often dangerous and remote places.

SACRAMENT OF CONFIRMATION COURSE 2024/25

This year the preparation for the Sacrament of Confirmation will be done on a partnership-wide basis with sessions taking place at St Teresa's on a Tuesday evening (6.45-8.15pm). If you would like to receive the Sacrament of Confirmation in the coming year, please speak to your parish priests to collect a expression of interest form.

BECOMING A CATHOLIC - RCIA

The 'Journey In Faith' course will begin again on the 29th October, for those who are considering becoming a Catholic or who would like to deepen their knowledge of the faith. If you are thinking about becoming a Catholic, or you are a Catholic who hasn't yet been confirmed, please speak to Fr Jonathon to register your interest in joining the programme. The programme will take place fortnightly on a Tuesday Evening from 6.45pm.

PARISH VOLUNTEER CENSUS

The Diocese is currently carrying out a volunteer census. This is to ensure we identify all our volunteers, to offer support and appropriate training and recognition for the important part all play in the life of our parish. A volunteer is anyone who gives their time freely and regularly to assist anywhere within the Parish, School, or Diocese. During weekend of 19th and 20th of October the census will be explained in more details after the weekend Masses. If you volunteer within the Parish/School/Diocese please complete one of the forms which will be available at the back of church or complete your details via the QR code.

SUNDAY EVENING VESPERS & BENEDICTION

Every Sunday at 5.00pm at St. Teresa's we have Sung Vespers and Benediction. Evening Prayer and Benediction is a wonderful way to bring our Sunday to a close, spending time with Jesus in prayer and praise. Please do come along if you are able to.

PROCLAIMING THE GOSPEL - GOING OUT TO EVANGELISE

Would you be confident enough to go out onto Heaton Road, Chillingham Road, Welbeck Road or Shields Road and proclaim the Gospel and speak about your faith. Jesus encourages us to do this if at all possible. Watch this space for more information in the coming weeks about this!

YOUNG ADULT PRAYER GROUP

The next meeting of the Young Adult Prayer Group will take place on Thursday 24th October at 7.00pm at St. Teresa's Church. The Group is primarily to allow those who are 18-35 to come together for a time of prayer, discussion and social time. Please come along if you are available.

NOVEMBER REMEMBRANCE BOOK

Throughout the month of November the Church prays in a particular way for all the faithful departed. As parishes we will have a November Remembrance book, in which we can place the names of all our loved ones. Mass will be offered twice a week for all those who are named within it. If you would like a loved ones name to be included please pick up and complete the form and return this form with your offering.

PARISH READERS STUDY DAY & DAY OF RECOLLECTION

In preparation for the new lectionary, Fr. Jonathon will be holding a study day for <u>all</u> parish readers. This will take place on Saturday 16th November at St. Teresa's. It will begin with Holy Mass at 10am and will be finished by 12.30pm. This day will include having a look at the new texts that are going to be used along with looking at how we prepare ourselves to proclaim the scriptures for others. The day will also allow us all to recommit ourselves to this important ministry. If you would like to become a reader, please speak to Fr Jonathon or contact the parish office. Please put this date in your diaries! **Note:** Readers and Eucharistic ministers rotas, St Anthony's have been emailed to people, paper copies in porch.

LONG TERM ILLNESS AND THE HOUSEBOUND

Many parishioners require our prayers of support as they battle against their illness or loneliness and may not be able to attend Mass. If you know of anyone who could benefit from a home visit please let Fr Jonathon know. We would also like to update the list of names on our newsletter who ask for our prayers. If you are sick and would like to be included in the parish prayer list please let the parish office know.

NEWS FROM OUR DIOCESE & THE WIDER CHURCH

IS GOD CALLING YOU TO BE A PRIEST?

The Vocations Team extends an invitation to men aged 18+, who think God might be calling them to serve in the Diocese of Hexham and Newcastle as a Priest, are invited to explore their vocation with the Diocesan Priestly Vocations Team. The evenings will take place at St Joseph's Church, Thorneyholme Terrace, Stanley on Tuesday 5th November, Tuesday 3rd December. These Meetings take place each month between 6pm and 8pm.

FLAME 2025

Flame 2025 takes place on Saturday 15th March. The theme is 'UNSTOPPABLE. FAN THE FLAME OF HOPE'. It is open to anyone from school year 9 to University/young adult age. Under 18s must be part of an organised group. Two years ago, over 700 young people from our Diocese travelled to Wembley Arena for this national Catholic youth gathering. Once again YMT is hoping to take a large number of young people (up to 1,000 including accompanying adults). COST: £45 per person (includes return rail travel, Wembley ticket and London travel card). If you would like to attend Flame 2025, please speak to Fr Jonathon or to the chaplaincy team at your school or university.

PRO-LIFE CONCERNS

Pro-life supporters in the United Kingdom are being restricted in the way they protest publicly, from next week in Scotland and from 31st October in England, as legislation is to be introduced that prevents people from gathering, protesting or even silently praying, in places where there are clinics carrying out abortions. Perhaps this is not everyone's way of protesting, but to even legislate against silent prayer is an affront to religious freedom. This refers particularly to those places where there are clinics performing abortions, with a 150-metre buffer zone, but it could spread further! Do you want the ability to be able to stand freely to pray silently where you want to? Bishop John Sherrington, the Bishops' representative for prolife issues states "In practice, and despite any other intention, this legislation constitutes discrimination and disproportionately affects people of faith. Religious freedom is the foundational freedom of any free and democratic society, essential for the flourishing and realisation of dignity of every human person. Religious freedom includes the right to manifest one's private beliefs in public through witness, prayer and charitable outreach, including outside abortion facilities. If you feel you could write to your MP to complain about this legislation, please do so. One worry about this legislation is that it may genuinely prevent some pregnant women from accessing desperately needed help and support.

THE ASSISTED DYING BILL

Right to Life has written stating that the Prime Minister, is "paving the way" for a parliamentary vote before Christmas on legalising assisted suicide. Media outlets are reporting that the Government and assisted suicide lobbyists are putting intense pressure on MPs who were successful in the recent Private Members' Bill ballot to introduce a Bill that would "rush into law" the legalisation of assisted suicide. If they are successful in persuading an MP to take a bill forward, a vote could be held within weeks! As a Catholic community we oppose any form of ending life early, so would oppose any change that an Assisted Suicide Bill would propose. Life is sacred from natural beginning to natural end. Please write to your MP to oppose this, so that the MP may gauge what the opinion is in this constituency. It's vital that all MPs and the Government urgently see that there is a large number of voters in each constituency who don't want to see an extreme change to our laws that would see the ending of many lives through assisted suicide.