

MASSES & SERVICES FOR THE COMING WEEK

Day		Time	Church	Mass Intention		
Sat	3 Aug	8.00 am 4.45 pm 5.30 pm	Holy Mass Confessions Vigil Mass of Sunday	St. Teresa's St. Anthony's St. Anthony's	For Josey People of the Parishes	18th Sunday in Ordinary Time
Sun	4 Aug	8.15 am 9.00 am 10.30 am 11.00 am 5.00 pm	Confessions Holy Mass Confessions Holy Mass Vespers & Benediction	St. Lawrence's St. Lawrence's St. Teresa's St. Teresa's St. Teresa's	Peter Healy Alfonso Trujillo	18th Sunday in Ordinary Time
Mon	5 Aug	10.00 am	Requiem Mass	St. Teresa's	Gerard Lalor RIP	Dedication of St Mary's Basilica
Tue	6 Aug	9.15 am 10.00 am	Rosary & Exposition Holy Mass	St. Anthony's	Jack & Mary-Jane Redhead	The Transfiguration
Wed	7 Aug					St Sixtus & Companions
Thur	8 Aug	8.45 am 9.30 am	Rosary & Exposition Holy Mass	St. Lawrence's	Private Intention (CMM)	St. Dominic
Fri	9 Aug	8.45 am 9.30 am	Rosary & Exposition Holy Mass	St. Teresa's	Gerard Lalor RIP	St Teresa Benedicta of the Cross
Sat	10 Aug	10.00 am 4.45 pm 5.30 pm	Thanksgiving Mass Confessions Vigil Mass of Sunday	St. Anthony's St. Anthony's St. Anthony's	Assumption Sisters Anne Hayward	St. Lawrence 19th Sunday in Ordinary Time
Sun	11 Aug	8.15 am 9.00 am 10.30 am 11.00 am 5.00 pm	Confessions Holy Mass Confessions Holy Mass Vespers & Benediction	St. Lawrence's St. Lawrence's St. Teresa's St. Teresa's St. Teresa's	People of the Parishes Margaret Wallace	19th Sunday in Ordinary Time



Please continue to remember in your prayers:

those who are sick or housebound and their carers:

John Gourley, Doreen Graham, June Stephenson, Aileen, Tommy Allan, Tony Errington, Pat Matfin and Mary McLaren.

Our sick children: Josh Graham, James Taylor, Joseph Relph, Colby Taylor & Charlie Davidson

THE CYCLE OF PRAYER

Pope Francis' Monthly Prayer Intention for August:

For Political Leaders: Let us pray that political leaders be at the service of their own people, working for integral human development and the common good, taking care of those who have lost their jobs and giving priority to the poor.

During Ordinary Time (Summer)

We are asked to pray for these intentions: A deeper understanding between Christians and Jews; Those who suffer persecution, oppression and Denial of Human Rights; Europe; Human Life & Seafarers.



St. TERESA'S

Heaton Road, Heaton



St. ANTHONY'S

Welbeck Road, Walker



St. LAWRENCE'S

Byker Crescent, Byker



Parish Newsletter

18th Sunday in Ordinary Time



Sunday 4th August 2024

Parish Priest:	Fr Jonathon Bowes	Presbytery:	0191 265 5290
		Parish Mobile:	07761 885745 (Emergencies only)
		Email:	Jonathon.bowes@diocesehn.org.uk
Parish Secretary:	Christine Dixon		
Office Hours:	Tuesday & Thursday	9.00am-3.00pm	Tel: 0191 265 5290
	Wednesday	10.00am-2.00pm	Email: stteresa.heaton@diocesehn.org.uk
Safeguarding	The Parish operates in accordance with Statutory Safeguarding Guidance and Catholic Safeguarding Standards Agency (CSSA) and Diocese's policies and procedures at all times. Our Parish Safeguarding Representatives are listed below or alternatively the Diocesan Safeguarding Team can be contacted on 0191 2433305 or at safeguarding@diocesehn.org.uk		
Safeguarding Reps:	St. Teresa's:	Jean Potts	
	St. Lawrence's:	George Paul Atkinson	
	St. Anthony's:	Christine Dixon	
Parish Websites:	www.stteresaeastnewcastle.org.uk	www.stanthonystfrancis.org.uk	

THIS WEEKS REFLECTION FROM FR JONATHON

A few weeks ago, on the 21st July, it was National Junk Food Day. Many people across the world might have been delighted to celebrate in 'style'. However, we don't need to be doctors or nutritionists, to recognise that burgers, crisps and fizzy drinks lack much of the fibre, vitamins and minerals that we need to stay healthy. Junk food may fill us up for a short period of time, but it leaves us nutritionally starving. When Jesus fed the 5000 with bread that seemed to appear from nowhere, words soon circulated around the lakeside villages of Galilee. Within a few hours, so we hear in today's Gospel, crows have arrived from all directions, asking for more of this free food. You don't really want me, Jesus remarked sadly, you just want all the bread you can get.

Some people still complain of feeling empty inside. Often it is a sense of dissatisfaction. They might be deceived into thinking that the latest gadget, or the trendiest look, will make them happy. Indeed, for some, life becomes a never-ending round of acquiring and disposing of. In our second reading St Paul talks of "illusory desires". In his day, people's lifestyles left them craving something lasting and of worth. In some cases, people's lifestyles still do. Nothing, however, will ever fill that gnawing emptiness except the kind of nourishment which comes from God. Jesus makes that plain in today's Gospel.

When we gather in company with one another and with Jesus, we are being invited into a relationship at its most intimate and lasting. We savour something of the divine life of heaven. Hearing the word of God, we are renewed; consuming the body and blood of Jesus, we are recreated. Changed to become like Jesus, we, too, can become bread for the world.

Many people still have to work very hard to provide for themselves and their families. Jesus urges us to work for our spiritual maintenance as well, for food that rejuvenates the inner self. Terrible though it is that people still go hungry in this day and age, the hunger of a spiritual kind can be healthy if it makes us deeply desirous of Jesus. Today, perhaps, we may recognise that hollow place within us all and come looking for the only one who can satisfy it. Come to me, Jesus is saying, you have no need ever to be hungry again.

Fr. Jonathon

NEWS FROM OUR PARISHES, PARTNERSHIP AND VICARIATE

WE KEEP IN OUR PRAYERS

We keep in our prayers Rhomio & Rosa who are to be baptised this weekend. Please also pray for those we know who are unwell, as well as the many who have no one to pray for them; for those in hospital and for all Gerard Lalor, and for all those whose anniversaries occur at this time. Gerard's Requiem Mass will take place at St Teresa's on Monday 5th August at 10.00am.

HOLY DAY OF OBLIGATION - THE ASSUMPTION OF OUR LADY

Next Thursday, 15th, is the Solemnity of the Assumption of Our Lady. It is a Holy Day of Obligation. Therefore, to allow you to fulfil your Obligation to attend Mass there will be a Vigil Mass on the Wednesday Evening at 7.00pm and an Evening Mass on the Thursday at 7.00pm.

CHANGES TO MASS TIMES THIS WEEK

Due to the Requiem Mass of Gerard Lalor taking place on Monday Morning at 10am, there will be no evening Mass on Monday 5th August.

THANKSGIVING MASS FOR THE ASSUMPTION SISTERS

This week we will be saying a sad farewell to the Assumption Sisters who have been resident in walker for a number of years. There will be a Mass of Thanksgiving on Saturday 10th August at 10.00am at St. Anthony's. This will be followed by refreshments at the Kids Kabin. Please do come along as we say Thank You and Goodbye to the sisters. A retiring collection will be taken this week for a gift for the Sisters.

BECOMING A CATHOLIC - RCIA

If there is anyone considering joining the Journey in Faith, at the end of September, with the possibility of becoming Catholic, it is important to try and make an appointment to see Fr Jonathon. It is also an expectation that you would be coming to Sunday Mass (or the Vigil) each week. Please try and speak with Fr Jonathon as soon as possible

DAILY MASS AND EXPOSITION

Mass is celebrated within our three parishes every day (except a Wednesday). Are you retired? Are you on holiday? Are you free during the day? Do you need some support? Come to Mass during the week and experience the benefits we receive by doing so. Adoration of the Blessed Sacrament gives us some quiet time for prayer and peacefulness and at Mass the Lord Jesus feeds us with his body and blood. What a wonderful opportunity lies before us every week!

MASS INTENTIONS

At the Altar the priest offers Mass for the good of the whole Church and for a particular intention. Currently the parishes has very few Mass intentions booked in during the week. There is nothing better than having a Mass offered for someone, or for some intention. Do you want a Mass offered for a particular intention? Perhaps for a deceased relative or friend, or for someone who is sick, or for your own intention? For Mass to be offered it is tradition that a stipend is donated to contribute to the upkeep of your priest. Please contact the office, or fill out a Mass envelope (available in the church porches) and return to Fr Jonathon if you would like a Mass offered. If you request a specific date and that date is not available the Intention will be said on the nearest possible date.

PARISH READERS STUDY DAY & DAY OF RECOLLECTION

In preparation for the new lectionary, Fr. Jonathon will be holding a study day for all parish readers. This will take place on Saturday 16th November at St. Teresa's. It will begin with Holy Mass at 10am and will be finished by 12.30pm. This day will include having a look at the new texts that are going to be used along with looking at how we prepare ourselves to proclaim the scriptures for others. The day will also allow us all to recommit ourselves to this important ministry. If you would like to become a reader, please speak to Fr Jonathon. Please put this date in your diaries!

PARISH AWAY DAY FOR ALTAR SERVERS

There will be an away day for our Parish Altar Servers on Saturday 7th September. We will be heading up to Holy Island, where we will celebrate Mass before exploring the Island. We will then head to Seahouses for Fish & Chips and a game of Crazy Golf, before we head back home. If you would like to come along, please speak to Fr Jonathon to collect a consent form, along with more information about timings.

PARISH ROTAS MINISTERS & READERS (ST ANTHONY'S)

New rotas have been emailed out to volunteers and also there are a few paper copies in Church Porch.

SUNDAY EVENING VESPERS & BENEDICTION

Every Sunday at 5.00pm at St. Teresa's we have Sung Vespers and Benediction. Evening Prayer and Benediction is a wonderful way to bring our Sunday to a close, spending time with Jesus in prayer and praise. Please do come along if you are able to.

PRAYING FOR VOCATIONS TO THE PRIESTHOOD & RELIGIOUS LIFE

Bishop Stephen spoke recently to a group of priests about praying regularly for vocations in our parishes and how important those prayers are. If we do not pray for this intention, then we should not be surprised that no priests come forward from our parishes. Therefore, every weekday during Adoration we will pray for Vocations, praying that young men respond to the Lords call to serve the Church.

NEWS FROM OUR DIOCESE & THE WIDER CHURCH

IS GOD CALLING YOU TO BE A PRIEST?

The Vocations Team extends an invitation to men aged 18+, who think God might be calling them to serve in the Diocese of Hexham and Newcastle as a Priest, are invited to explore their vocation with the Diocesan Priestly Vocations Team. The evenings will take place at St Joseph's Church, Thorneyholme Terrace, Stanley on: Tuesday 3rd September, Tuesday 1st October, Tuesday 5th November, Tuesday 3rd December. These Meetings take place each month (except August) between 6pm and 8pm.

YOUTH 2000 GATHERING

Youth 2000 summer festival will be taking place at Ampleforth Abbey, in North Yorkshire, between the 23 and 26th August. If you would like to attend please register at <https://www.youth2000.org/events/summerfestival2024>

FOR PARENTS AND CHILDREN: LISTENING TO THE VOICE OF THE GOOD SHEPHERD

In September, meetings for parents and children in years 3-5 will begin at St Dominic's, on one Saturday per month, at 4pm. These meetings are independent of preparation for First Holy Communion in schools. So far, parents of 5 children have expressed an interest. Parents will gather to reflect on their joys and challenges, in ongoing accompaniment with Fr Peter Randall and catechists. Their children will be accompanied in a journey of discipleship which starts with the Good Shepherd. How do we know his voice? Who will open the gate for him? How does he protect his sheep? The first meeting will be a "taster", to explain and demonstrate the methods used. If you would like to know more, please contact Fr Peter by 31st July. prandallsj@jesuit.org.uk or by phone 07852 591292.

RUNNING THE GREAT NORTH RUN FOR CAFOD

Would you like to take part in the Great North Run for CAFOD? If so, CAFOD would love to invite you to take on the challenge. The Great North Run happens on Sunday, September 8th in Newcastle and is the biggest Half Marathon in the world! If you'd like a place to run for CAFOD, please follow this link here: [email events@cafod.org.uk](mailto:events@cafod.org.uk) [https:// cafod.org.uk/fundraise/challenge-events/run-for-cafod](https://cafod.org.uk/fundraise/challenge-events/run-for-cafod)

TYNESIDE NEWMAN CIRCLE

Newman Tyneside Circle invites you to a guided tour of St Mary's Cathedral, Newcastle (with particular attention to the stained glass windows, including the new Mgr Kevin Nichols' window). The tour will take place on Tuesday 6th August, at 2pm and will be followed by discussion, refreshments and an Extraordinary General Meeting of the circle

ASSISTED SUICIDE LEGISLATION ATTEMPT

On Friday, Lord Falconer was due to be introduce a Bill in the House of Lords to legalise assisted suicide and the Prime Minister has pledged that he will make time for MPs to vote on the introduction of assisted suicide. As we face these major threats, it's important to make it clear to both new and returning MPs at the start of this parliamentary cycle that they have a large number of voters in their constituency who don't want to see extreme anti-life changes to our laws. 'Right to Life' have just launched an EasyAction tool on their website - www.righttolife.co.uk - that makes it simple to contact your local MP asking them to oppose these radical changes to the law (the pre-written email also includes vital information on these threats that we are looking to get in front of MPs as early as possible in the new Parliament). Please take action and contact your MP now. It only takes 30 seconds